

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Pedro

Coaches: Desplenter Sharon

Coaches: Demeyere Linda HEADCOACH

Coaches: Desmet Lindsay

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 6 Athlete: HOLVOET LUCIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:2, starttime: 14:05	
Heat: 2/4 Lane : 3 Athlete: HOUTHOOFD ROAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:2, starttime: 14:05	
Heat: 2/4 Lane : 8 Athlete: SINNESAEI NOAH							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

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Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:3, starttime: 14:10	
Heat: 3/4 Lane : 1 Athlete: VANBIERVLIET VICTOR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:3, starttime: 14:10	
Heat: 3/4 Lane : 5 Athlete: VANBIERVLIET MANON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:3, starttime: 14:10	
Heat: 3/4 Lane : 8 Athlete: MINNE WARRE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:4, starttime: 14:15	
Heat: 4/4 Lane : 2 Athlete: VANDAELE JULIET							Q-time: 04:15:39	
PB (25m pool): 04:15.39 Diksmuide 09/03/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.61		02:05.06		03:11.49		04:15.39
	00:59.61		01:05.45		01:06.43		01:03.90	

Coach feedback:

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Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:4, starttime: 14:15	
Heat: 4/4 Lane : 3 Athlete: DIERKENS HENRI							Q-time: 04:01:84	
PB (25m pool): 04:01.84 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.67		01:57.08		02:55.94		04:01.84
	00:54.67		01:02.41		00:58.86		01:05.90	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+										Heat:5, starttime: 14:30	
Heat: 5/10 Lane : 5 Athlete: VANSTEENKISTE MARILOU										Q-time: 01:40:07	
PB (25m pool): 01:40.07 Temse 17/11/2025					PB (50m pool): 01:41.87 SB: 01:40.07 Temse 17/11/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:48.60				01:40.07				
	00:48.60				00:51.47						
				

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 14:35	
Heat: 7/10 Lane : 3 Athlete: NOPPE PAULINE				Q-time: 01:33:87		
PB (25m pool): 01:33.87 WAREGEM 21/04/2025			PB (50m pool): 01:38.73SB: 01:34.47 Temse 17/11/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:44.67		01:33.87		
	00:44.67		00:49.20			
		

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 14:35
Heat: 7/10 Lane : 8 Athlete: POTTER KRYSTLE				Q-time: 01:37:36	
PB (25m pool): no time			PB (50m pool): 01:37.36 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 14:40
Heat: 8/10 Lane : 5 Athlete: DE WEVER MAUD					Q-time: 01:29:72
PB (25m pool): 01:29.72 Temse 17/11/2025			PB (50m pool): 01:31.61 SB: 01:29.72 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.62		01:29.72	
	00:42.62		00:47.10		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:40
Heat: 9/10 Lane : 6 Athlete: VERSTRAETE LINDE					Q-time: 01:27:46
PB (25m pool): 01:27.45 Diksmuide 09/03/2025			PB (50m pool): 01:30.98 SB: 01:27.73 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.23		01:27.45	
	00:41.23		00:46.22		
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 14:55
Heat: 4/10 Lane : 1 Athlete: DEGEZELLE LEON					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 14:55
Heat: 5/10 Lane : 1 Athlete: LEMAN POTTER AYDEN					Q-time: 01:56:47
PB (25m pool): 01:56.47 leper 05/01/2025			PB (50m pool): 02:10.10 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.15		01:56.47	
	00:55.15		01:01.32		
	

Coach feedback:

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Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 14:55
Heat: 5/10 Lane : 3 Athlete: HAJDARPASIC OMER					Q-time: 01:51:09
PB (25m pool): 01:51.09 WAREGEM 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.21		01:51.09	
	00:52.21		00:58.88		
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:00
Heat: 6/10 Lane : 5 Athlete: VANBRABANT ESBEN					Q-time: 01:43:38
PB (25m pool): 01:43.42 Diksmuide 09/03/2025 PB (50m pool): 01:43.38 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.92		01:43.42	
	00:48.92		00:54.50		
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 15:00
Heat: 6/10 Lane : 7 Athlete: SINNESAEEL CASPER					Q-time: 01:45:89
PB (25m pool): 01:45.89 Gent 23/02/2025 PB (50m pool): 01:47.73 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.93		01:45.89	
	00:50.93		00:54.96		
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:8, starttime: 15:00
Heat: 8/10 Lane : 3 Athlete: STEEN REMI					Q-time: 01:35:53
PB (25m pool): 01:35.53 Temse 17/11/2025 PB (50m pool): 01:36.62 SB: 01:35.53 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.50		01:35.53	
	00:46.50		00:49.03		
	

Coach feedback:

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Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 15:05
Heat: 9/10 Lane : 7 Athlete: VANDEPUTTE JORBE					Q-time: 01:30:89
PB (25m pool): 01:30.89 Diksmuide 12/10/2025					PB (50m pool): 01:31.72 SB: 01:30.89 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.55		01:30.89	
	00:43.55		00:47.34		
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:15
Heat: 3/10 Lane : 1 Athlete: VANSTEENKISTE MARILOU					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:25
Heat: 8/10 Lane : 7 Athlete: POTTER KRYSTLE					Q-time: 01:18:48
PB (25m pool): 01:22.11 Meulebeke 06/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.11	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 15:25
Heat: 9/10 Lane : 7 Athlete: DEPUYDT HASSE					Q-time: 01:15:61
PB (25m pool): 01:15.61 Menen 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.61	
	no time				
	

Coach feedback:

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Event number: 5: 100M MEDLEY MEN 11+					Heat:1, starttime: 15:30
Heat: 1/11 Lane : 6 Athlete: LEMAN POTTER AYDEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:35
Heat: 3/11 Lane : 6 Athlete: DEGEZELLE LEON					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:40
Heat: 5/11 Lane : 1 Athlete: VANBRABANT ESBEN					Q-time: 01:38:49
PB (25m pool): 01:38.49 Menen 01/06/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:38.49	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:40
Heat: 5/11 Lane : 4 Athlete: STEEN REMI					Q-time: 01:33:76
PB (25m pool): 01:33.76 Meulebeke 06/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.76	
	no time				
	

Coach feedback:

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Event number: 5: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:40
Heat: 5/11 Lane : 5 Athlete: SINNESAEEL CASPER					Q-time: 01:34:24
PB (25m pool): 01:34.24 Menen 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.24	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:40
Heat: 6/11 Lane : 2 Athlete: HAJDARPASIC OMER					Q-time: 01:30:72
PB (25m pool): 01:30.72 Menen 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.72	
	no time				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:55
Heat: 1/4 Lane : 2 Athlete: VANBIERVLIET MANON					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:55
Heat: 1/4 Lane : 4 Athlete: HOLVOET LUCIE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: IKZ

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:55
Heat: 1/4 Lane : 7 Athlete: SINNESAELE NOAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:00
Heat: 3/4 Lane : 1 Athlete: HOUTHOOFT ROAN					Q-time: 01:54:30
PB (25m pool): 01:54.30 WAREGEM 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.56		01:54.30	
	00:51.56 01:02.74				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:00
Heat: 3/4 Lane : 2 Athlete: MINNE WARRE					Q-time: 01:45:79
PB (25m pool): 01:45.79 Diksmuide 09/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.28		01:45.79	
	00:45.28 01:00.51				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 16:00
Heat: 3/4 Lane : 6 Athlete: VANDAELE JULIET					Q-time: 01:41:36
PB (25m pool): 01:41.36 Zwevegum 11/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.18		01:41.36	
	00:47.18 00:54.18				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: IKZ

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 16:00
Heat: 4/4 Lane : 2 Athlete: VANBIERVLIET VICTOR					Q-time: 01:23:97
PB (25m pool): 01:23.97 Torhout 06/12/2025					PB (50m pool): 01:35.43 SB: 01:23.97 Torhout 06/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.13		01:23.97	
	00:39.13		00:44.84		
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 16:00
Heat: 4/4 Lane : 3 Athlete: DIERKENS HENRI					Q-time: 01:23:38
PB (25m pool): 01:23.38 Torhout 06/12/2025					PB (50m pool): 01:25.10 SB: 01:23.38 Torhout 06/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.96		01:23.38	
	00:38.96		00:44.42		
	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:45	
Heat: 6/8 Lane : 4 Athlete: DE WEVER MAUD							Q-time: 03:04:80	
PB (25m pool): 03:04.80 Diksmuide 09/03/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.65		01:30.80		02:18.60		03:04.80
	00:43.65		00:47.15		00:47.80		00:46.20	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/8 Lane : 4 Athlete: VERSTRAETE LINDE							Q-time: 02:43:95	
PB (25m pool): 02:43.24 Brugge 20/10/2024				PB (50m pool): 02:44.80 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.50		01:21.07		02:03.28		02:43.24
	00:38.50		00:42.57		00:42.21		00:39.96	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: IKZ

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 16:55	
Heat: 8/8 Lane : 2 Athlete: NOPPE PAULINE							Q-time: 02:38:11	
PB (25m pool): 02:38.11 Temse 17/11/2025				PB (50m pool): 02:44.96SB: 02:38.11 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.75		01:17.56		01:58.90		02:38.11
	00:37.75		00:39.81		00:41.34		00:39.21	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 16:55	
Heat: 8/8 Lane : 7 Athlete: DEPUYDT HASSE							Q-time: 02:40:52	
PB (25m pool): 02:43.88 Diksmuide 09/03/2025				PB (50m pool): 02:40.52SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.90		01:21.63		02:04.18		02:43.88
	00:38.90		00:42.73		00:42.55		00:39.70	

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/10 Lane : 8 Athlete: VANDEPUTTE JORBE							Q-time: 99:99:99	
PB (25m pool): 03:27.70 Meulebeke 07/04/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:27.70
	no time							

Coach feedback:

Event number: 9: 4x100M FREESTYLE WOMEN 11+							Heat:1, starttime: 17:40	
Heat: 1/1 Lane : 2 Athlete: TEAM IKZ 1							Q-time: 04:26:18	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								

	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								

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Event number: 10: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 17:45	
Heat: 1/1 Lane : 2 Athlete: TEAM IKZ 1							Q-time: 05:07:80	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								

	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								

Coach feedback: